

## Coaching Agreement

This Agreement is entered into by and between: the following parties:

Hereby referred to as the "Coach"

Coach Name : Aviva Kohl

Coach phone: 845-269-5008 Coach

Email: avivakohl@gmail.com and

Hereby referred to as the "Client"

Client Name, \_\_\_\_\_

Client Company Name: \_\_\_\_\_ (If Applicable) Client Phone:

\_\_\_\_\_ Client Email:

The Coach agrees to provide Coaching Services for the Client I.

### Description of Coaching:

Coaching is partnership between the Coach and the Client in a thought-provoking and creative process that inspires the client to maximize personal potential. It is designed to facilitate the creation/development of personal, professional or business goals and to develop and carry out a strategy/plan for achieving those goals.

## II. Coach-Client Relationship

A. Coach agrees to maintain the ethics and standards of behavior established by the International Coach Federation "(CLCI)" ([Coachfederation.org/ethics](http://Coachfederation.org/ethics)). It is recommended that the Client review the CLCI Code of Ethics and the applicable standards of behavior.

B. Client is solely responsible for creating and implementing his/her own physical, mental and emotional well-being, decisions, choices, actions and results arising out of or resulting from the coaching relationship and his/her coaching calls and interactions with the Coach. As such, the Client agrees that the Coach is not and will not be liable or responsible for any actions or inaction, or for any direct or indirect result of any services provided by the Coach. Client understands coaching is not therapy and does not substitute for therapy if needed, and does not prevent, cure, or treat any mental disorder or medical disease.

C. Client further acknowledges that he/she may terminate or discontinue the coaching relationship at any time.

D. Client acknowledges that coaching is a comprehensive process that may involve different areas of his or her life, including work, finances, health, relationships, education and recreation. The Client agrees that deciding how to handle these issues, incorporate coaching principles into those areas and implementing choices is exclusively the Client's responsibility.

E. Client acknowledges that coaching does not involve the diagnosis or treatment of mental disorders as defined by the American Psychiatric Association and that coaching is not to be used as a substitute for counseling, psychotherapy, psychoanalysis, mental health care, substance abuse treatment, or other professional advice by legal, medical or other qualified professionals and that it is the Client's exclusive responsibility to seek such independent professional guidance as needed. If Client is currently under the care of a mental health professional, it is recommended that the Client promptly inform the mental health care provider

of the nature and extent of the coaching relationship agreed upon by the Client and Coach. Client understands that in order to enhance the coaching relationship, the Client agrees to communicate honestly, be open to feedback and assistance and to create the time and energy to participate fully in the program

### III. Services

The parties agree to engage in a Coaching Program through in-person, internet, telephone meetings. Coach will be available to Client by e-mail and voicemail in between scheduled meetings as defined by the Coach. Coach may also be available for additional time, per Client's request on a prorated basis rate of \$300 (for example, reviewing documents, reading or writing reports, engaging in other Client related services outside of coaching hours).

### IV. Schedule and Fees

A. Start Date: This coaching agreement is valid as of 7/1/2021

B. Location: Sessions will be held via zoom

C. Sessions are scheduled for one hour unless otherwise agreed upon prior to.

D. Fees: The client will be billed at the standard coaching rate of \$300 /hour

F. Receipt of Payment: All fees must be paid by the end of the day of the session

### V. Cancellations, Reschedules Cancellations & Reschedules

Cancellation Policy Client agrees that it is the Client's responsibility to notify the Coach 24 hours in advance of the scheduled calls/meetings. Coach reserves the right to bill Client for a missed meeting. Coach will attempt in good faith to reschedule the missed meeting

### Limited Liability

Except as expressly provided in this Agreement, the Coach makes no guarantees, representations or warranties of any kind or nature, express or implied with respect to the coaching services negotiated, agreed upon and rendered. In no event shall the Coach be liable to the Client for any indirect, consequential or special damages. Notwithstanding any damages that the Client may incur, the Coach's entire liability under this Agreement, and the Client's exclusive remedy, shall be limited to the amount actually paid by the Client to the Coach under this Agreement for all coaching services rendered through and including the termination date.

### XII. Entire Agreement

This document reflects the entire agreement between the Coach and the Client, and reflects a complete understanding of the parties with respect to the subject matter. This Agreement supersedes all prior written and oral representations. The Agreement may not be amended, altered or supplemented except in writing signed by both the Coach and the Client.

BY SIGNING THIS CONTRACT BOTH THE COACH & CLIENT CERTIFY THAT THEY HAVE READ THIS CONTRACT AND THAT THEY FULLY UNDERSTAND ITS CONTENT. THAT THEY UNDERSTAND AND AGREE TO THE TERMS AS DESCRIBED WITHIN THE CONTRACT AND THAT THEY ARE SIGNING IT WITH THEIR OWN FREE WILL.

\_\_\_\_\_  
Client's Signature

\_\_\_\_\_  
Client's Name:

Date \_\_\_\_\_

\_\_\_\_\_ Client's Email:  
\_\_\_\_\_ Coach's Signature  
\_\_\_\_\_ Coach's Name:  
Date \_\_\_\_\_  
\_\_\_\_\_ Coach's Email